

03.11.2019 - 11.11.2019

# YOUTH EXCHANGE

PÁKOZD, HUNGARY



OUR UNIQUENESS TALK

# PARTNERS

VIESOJI ISTAIGA JAUNIMO LAISVALAIKIO CENTRAS LITHUANIA

TDM 2000

GREEN SPIRIT

ESCULL SOLIDARI

TERRA DI MEZZO (TDM) 2000 MALTA

HODINA H ZS

LITHUANIA

ITALY

GREECE

SPAIN

MALTA

CZECH REPUBLIC

**5 YOUNGSTERS**

**(15-25)**

**+**

**1 GROUPLADER**

**/COUNTRY**

**BECAUSE OF**

**THE TOPIC,**

**GENDER**

**RATIO IS NOT**

**IMPORTANT**

# VENUE / ACCOMODATION

**PÁKOZD IS SITUATED 50 KM FROM BUDAPEST, IN THE DIRECTION OF LAKE BALATON, NEXT TO THE VELENCEI-TÓ (VELENCE LAKE).**

**The venue offers a myriad of options:**

**ping-pong, foosball, darts, badminton, volleyball, football, canoeing, garden chess and mill, jacuzzi, sauna. There is WiFi connection available.**

**There is a room for main activities, alongside with other rooms where participants can spend informal time together.**

# TOPIC

**The EU was the first to recognize sexual orientation and gender identity as grounds for discrimination and included protection for LGBTQ+ people in official documents and anti-discrimination directives that followed, but LGBTQI+ people are still discriminated in Europe.**

**These young people suffer from the disadvantaged because of their sexual orientation, which often overlaps with a negative discrimination based on sex, disability, ethnic origin or religion. Young LGBTQI+ people often become victims of discrimination and intimidation based on their orientation and identity, but age, income and ethnic background further increase the risks.**

**Rejection by the family and friends of LGBTQI + people, school and street violence, discrimination and the hateful behavior against them can lead to underdevelopment, mental problems, and in critical cases suicide.**

**During the local and international activities our goal is to work with the following topics, opinions and their current status:**

**1. Get familiar with Erasmus+ and ESC, Youthpass**

**2. Help to grow the sense of initiative (prepare energizers, debriefing, TEDx)**

**3. Help to define and be able to implement personal goals**

**4. Gender equality, topic of LGBTQI+**

**5. Raise awareness on Stereotypes and their influence – discover and define the current state of the genders in the partner countries, also the stereotypes. Talk about them and review the influence of our life. Also looking for solution against stereotypes and prejudice and preconceptions**

**6. The influence of media regarding gender**

**Methods we use: drama, role game, interactive presentation, arts, moving activities, workshops, knowledge share in open discussions, live library**

**(Besides the participants we invite other Hungarians that has connection to the topic or relevant experiences. We will have round table discussions in smaller groups., relaxation activities, self-knowledge improvement activities, education through sports.**

# DON'T FORGET TO BRING

- PERSONAL HYGIENE STUFF
- HAIRDRYER IF NEEDED
- TOWEL
- CASUAL/COMFORTABLE CLOTHES
- MEDICINES YOU WILL NEED
- EUROPEAN INSURANCE CARD
- YOUR POSITIVE ENERGY!!
- BOARDING PASSES (ORIGINAL)
- TICKETS FROM BUS, TRAIN, FERRY (ORIGINAL)
- THE ORIGINAL RECEIPT OF TRAVEL AGENCY AND THE ETICKET WITH THE AMOUNT OF THE TRAVEL EXPENSES



# THINGS ABOUT HUNGARY

## MONEY

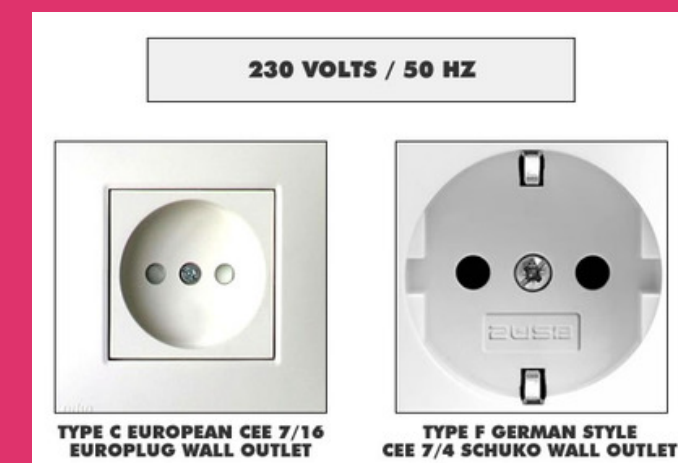
We use Hungarian forint.  
1 euro is around 320 forints,  
but it's always changing so  
check it before you come!

## WEATHER

<https://www.accuweather.com/hu/hu/pakozd/187964/weather-forecast/187964>

## ELECTRICITY PLUGS

In Hungary the power plugs and sockets are of type C and F. The standard voltage is 230 V and the standard frequency is 50 Hz.





# REIMBURSMEN

EUROS/PERSON

**T  
LITHUANIA**

**275**

**I  
ITALY**

**275**

**G  
GREECE**

**275**

**S  
SPAIN**

**275**

**M  
MALTA**

**275**

**C  
CZECH REPUBLIC**

**180**



**PLEASE DISCUSS WITH THE  
HOSTING ORGANIZATION  
BEFORE YOU BUY ANY TICKET.**

**CAR TRAVEL AND TAXI ARE NOT  
ELIGIBLE FOR REIMBURSEMENTS!!!  
ONLY PUBLIC TRANSPORT!!!**

**PLEASE DO NOT FORGET TO KEEP  
ORIGINALS OF ALL TICKETS,  
BOARDING PASSES, ETC.  
IT WILL BE  
NEEDED FOR REIMBURSEMENT!**

**THE ORGANIZER COVERS 100% OF TRAVEL COSTS  
TO THE VENUE AND BACK BASED ON THE AGREED  
BUDGET LIMIT FOR EACH COUNTRY. THE  
REIMBURSEMENTS WILL BE DONE BY BANK TRANSFER.  
AFTER THE EVENT YOU WILL BE KINDLY ASKED TO  
POST THE ORIGINALS BACK TO US. REIMBURSEMENT  
OF TRAVEL COSTS WILL ONLY BE DONE UPON FULL  
ATTENDANCE OF THE ACTIVITIES AND  
PRESENTATION OF THE ORIGINAL TRAVEL TICKETS,  
BOARDING PASSES, RECEIPTS AND INVOICES.**

***The association will rent a bus because this is the easiest and least expensive and the safest way to reach the venue. The bus can transport the participants on 03 November from Budapest to Pákozd, and 11 november from Pákozd to Budapest (we'll talk about it exactly where and when). This costs around 20 euros / person (total). This amount will be deducted from the amount of the travel cost. Therefore, it is important for everyone to arrive on in time on 03 november. This 20 euros is less than the amount what would you need in Hungary if you use public transport. Other tickets from Hungary not necessarily need to be reimbursed because we will take you with the bus so you won't need public transport.***

**PARTICIPANTS ARE REQUIRED  
TO ARRIVE TO BUDAPEST  
NO LATER THAN  
15:00 ON 03/11/2019  
AND DEPART  
NO SOONER THAN  
15:00 ON 11/11/2019.**

# **HOMEWORK**

- **PREPARED FOR YOUR OWN CULTURE**
- **GENDER RELATED STEREOTYPES IN YOUR COUNTRY**
- **GENDER ROLES IN YOUR COUNTRY**
- **HOW THE MEDIA INFLUENCES GENDER ROLES**
- **HOW LGBTQI IS REPRESENTED**
- **ENERGIZERS**
- **COUNTRY CHARACTERISTICS, GASTRONOMY, FOLK TRADITIONS (INTERCULTURAL EVENING)**

# CONTACT INFO

LET'S CONNECT!

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